

## Positive aspect of old bales: combine paper tuning & shooting.

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### Newsletter Deadlines

Please write us about your archery experiences during the month and we will include them in the newsletter. If you are attending shoots at other clubs or are involved in tournaments or other archery related activities it will certainly be of interest to other club members.

### Outdoor Range Report & Communications (Ralph Adams)

The second Work Party was held on 12 May. The majority of the attending Working Members concentrated on replacing and rearranging the bales on the Practice Range. In addition to using several new bales, some previously used bales were re-banded and reused in the practice area. An impact test conducted after the reconfiguration showed considerable improvement.

Additional Working Members tackled other time-critical tasks. The paths were mowed to remove the weeds and encroaching vegetation. As a result of this major effort, most of the markers are now visible. As a follow-on effort after the Work Party, the bales were replaced at Target 28 for both the Cub and Regular huts. Working away at the long list of Carpentry tasks is ongoing.

For those Club Members who are not able to attend on the designated

"Work Party Day" and need to fulfill Working Membership requirements, be sure to keep Dave Ray informed of your progress. There are three lists to use as reference if you work independently:

1) "2007 Santa Cruz Archers Target Assignments" - Sign up for a target, if you have not already done so. The sign up list is posted on the far wall as you enter the Clubhouse. Consult the "General Observations" column on the Sheet to determine what needs to be done to your target on a monthly basis.

2) "Detailed Santa Cruz Archers Range Work Plan" - A monthly update to this document is posted on the far wall as you enter the Clubhouse. Use this as guidance to perform general Range tasks.

3) "Detailed Santa Cruz Archers Carpentry Work Plan" - A monthly update to this document is posted on the far wall as you enter the Clubhouse. Use this as guidance to perform woodworking tasks.

To take full advantage of Club notifications regarding Work Parties, you may: 1) Pick up a copy of the latest SCA Newsletter at the Club Meeting; or 2) Provide your email address to our Editor, Henry Bertram, so that he can include you on his email Newsletter distribution list. If an email address is provided, you will also be able to receive Work Party Reminders a day or two before the event. So if you can't make the Club Meetings, please get in touch with Henry to get connected.

### Indoor Shoots (ed.)

The massively attended shoot on 5-4-07 was standing room only. The eager archery crowd winged their 60 arrows across the 20 yard range

with absolutely no evidence of involuntary piercings, an indication of excellent range control. Ralph Reader (Trad-R) shot 143 with 3Xs, Wayne Reader (FS) shot another 300 with 46Xs this time for variety, Henry Bertram (Trad-R) snuck by with 214 points and 4Xs, while Rich Sandkuhle (BHFS) shot 277 with 15Xs, Ricardo Fortuno shooting (FITA for the first time put enough in the 5 ring to amass 252 points with 4Xs,

Henry, Ralph and Wayne shot on 5-18-07 with Dianna doing the scoring. Wayne, shooting Free Style dropped a few out of the X ring with his standard 300, finishing with 52Xs. Ralph was shooting Trad Recurve and plowed 5 into the X ring scoring a solid 163. My efforts at FITA for the first time, netted me 201 with 3 Xs. The Xs were accidents; I was trying to save the target for Wayne to use later. I have a great excuse for shooting poorly, FITA is not really archery at all, it is a torture technique and, by the way, there are way too many moving parts. FITA stands for Federation Internationale de tir a L'Arc which translates to international archery federation. It's Olympic style archery and, when you are accustomed to picking up a compound and shooting it or picking up a recurve and stringing it, these things are a bit much. First, click on the limbs and string it, straight forward enough. Then add the plunger button, sight bar and aperture sight, and then throw on the stabilizer and "V" bars. The thing weighs a good quarter ton but that really helps stability, they say. Just when you think you are done you get to screw the clicker on the riser. That clicker! You need to stick the arrow between the clicker arm and the riser then nock the arrow and make sure the arrow is on the rest.

Half the time I found the arrow point hung up on the sight bar preventing me from nocking the arrow.

You are supposed to hit your anchor, then aim, then pull through the clicker and release just as the clicker clicks, thereby guaranteeing the same draw length each time.... yeh, right! What it did for me was to extend the time it took to shoot each arrow to about 20 minutes. Not a recipe for success. I also had a strange and unpredictable combination of shots between, on one extreme, pulling through the click and waiting a while, then releasing, and, on the other extreme, releasing before pulling through the thing allowing it to catch on the fletching. After I adjusted it, it would move. I finally figured out how to use it, you get out the Alan Wench used to adjust the thing, take it off and toss it and the wrench into the bow case where it can do no further harm. That was the perfect adjustment.

Once I figured the clicker out, I had to get used to the sight again, not having used one in a while I kept turning the screw the wrong way, add that to the natural inconsistency born of doing something new and you have some interesting groups (commonly know as patterns in the shot gun world). By the way, it's not really a sight; it's a bit of plastic with a hole in it. To top things off the finger tab has a metal bar on it that you cram into your jawbone for a consistent anchor, a bone bruise and a nasty case of dermatitis.

### **Outdoor Shoot** (Linda Adams)

We were not expecting to see anyone at the Outdoor Club Shoot on 13 May so we were not surprised that there were only two of us. Ralph and I decided to go to conduct the Shoot in the event that there might be archers who were trying to establish handicaps and

needed to shoot in this session. While there, the weather was beautiful and we had the opportunity to tour the course and admire all the new target bales, freshly cleared paths and easily located markers. We are eager to get back out within the next couple weeks to get the most out of the course.

The next Club Shoot will be held on 10 June at 9 a.m. This is an excellent opportunity to prepare for the NFAA Outdoor National Championship. For more information about this coming NFAA competition, visit the "NFAA" website. If you are trying to establish a handicap, this is another opportunity to do so. Hope you can attend the next Outdoor Club Shoot.

### **Stump Shoot** (Linda Adams)

The Memorial Day weekend seems to have lured many of our Stump Shoot regulars out of town, but Gary Cramton; and Ralph and Linda Adams kept up the tradition of Traditional Stump Shooting on 26 May. Many of the freshly positioned stakes were promptly smashed as we moved around the course. In route, we discussed many past, upcoming and future Shoots; as well as our archery equipment and techniques.

As we were well into the Stump Shoot, we crossed paths with Larry Yien who was busily practicing his Longbow field archery. We took this opportunity to ask him every question we ever had about Traditional archery. He was able to answer those questions and to provide insight regarding National and International competitions, as well. We had to force ourselves away to get on with the Stump Shoot.

Ralph and Gary were aggressively mowing down the stakes at this session, but Linda claimed the honor of wounding the toilet seat that had mysteriously reappeared again this month. We also shot the

extra arrows in our quivers at the Field/Hunter targets as we passed by for additional practice. In the end, we were exhausted but very satisfied with the Stump Shoot experience. For the next Stump Shoot action, meet us at the Clubhouse on 30 June at 9 a.m. and we'll go out and do it again.

### **Stump Reimbursement:** \$1.00! (Linda Adams)

Just as the cost of gasoline goes up daily, so does the cost of stumps. Well, that is a stretch, but when the "Stumps" are actually shingle strips (stakes), the cost can creep up above the radar. So it was decided at the last Club Meeting that we would start collecting a dollar from each Stump Shoot participant to cover the cost of stakes. I would have suggested that we save money by shooting at real stumps instead of stakes, but then I was afraid that after the first few arrows, the participants would get wise and force me to pull all their deeply lodged arrows out of the stumps. And after further contemplating that these Stump Shooters might expect reimbursement for damage to their arrows after I wrestled them out of the stumps, I decided that a dollar for stakes wasn't that bad after all.

Remember, not only will your participation provide money for stakes; but it will also save the stumps and the muscles in my back: "Stump Shoot: \$1.00 per participant" (a real bargain!)

### **Paper tuning** (ed)


Paper tuning can help align the arrow rest, set the nock locator correctly, test for correct arrow spine and detect problems with fletching interference. Simply shoot through paper and evaluate the paper tear your arrow makes. If everything is set up correctly you will see a little "y" shape the size of your fletching diameter with a mark in the middle the size of your arrow.

There are two frames on the left side of the indoor range near the bales and the side door. Stretch a piece of newsprint over it and position it on the yellow line such that the arrow completely passes through the paper before hitting the bales. Stand about 5 feet away from the paper and shoot through it. Be careful to make your best release so that release problems don't bias your test.

There is a guide on the wall near the frames, compare the shape of your paper tear to the drawings on the paper. A tear like this has the point going through on the bottom left and the fletching going through on the top right.



You won't see this tear on the guide. The guide just shows "nock high", "low," "right" and "left." This is nock high and right, fix the high or right first then fix the problem that is left over.

Here's one that's about perfect  you can see the arrow tip going through in the middle and the fletching going through centered on the tip.

Don't get carried away with this or any other kind of tuning. Get it close then spend most of your time practicing.

Since we have had some soft bales on the range some people with well

tuned bows have been shooting through the bales and leaving a perfect "y". Don't confuse this with people shooting broad heads on the range, it might look similar but once the soft bales are replaced the "broad heads" magically disappear.

### Redding (L. Adams)

The NFAA Marked 3-D Championship was held in Redding on 4-6 May 2007. Some of the styles were so heavily competed by the best in the Nation that it was difficult to place within the top ten or twenty. We searched the massive lists and did the best we could to gather scores shot by Club members. The names that we were able to recognize and their respective posted scores are as follows:

- Jim Martinez, FS, 1498, 18th
  - Maggie Tittle, FS, 1437, 11th
  - Ken Gardner, MSFS, 1382, 14th
  - Kay Gardner, MSFS, 1421, 2nd
  - Chris Tittle, BHFS, 1353, 6th
  - Ralph Adams, MS BB, 1107, 1st
  - Linda Adams, SrBB, 1153, 1st
- Congratulations to all!

### Sacramento Senior Olympics Results (L. Adams)

The Sacramento Senior Olympics competition was held on 19 May 2007 at Discovery Park in Sacramento. To enter the event, archers were required to be 50 years of age or older, and the age divisions were broken down into five year incre-

ments. Three members of Santa Cruz Archers received medals:

- Dennis High, FITA, Age 55-59, 1st
- Ralph Adams, Barebow Compound, Age 65-69, 2nd
- Linda Adams, Barebow Compound, Age 55-59, 1st (New Record)

[Additional results will soon be posted on the internet. Search "2007 Sacramento Senior Games" for additional details.]

Anyone of qualifying age, who participates in the Senior Olympics at any location in California this year or next, qualifies to participate at State level in 2008. Of those who shoot at State level in 2008, the top three in each category and those meeting minimum score requirements are eligible to participate in the National Senior Olympics to be held at Stanford University in Palo Alto in 2009. Shooting the 2009 Nationals in Palo Alto is a great opportunity for those living locally since the 2007 Nationals will have been held in Louisville, Kentucky; and the 2011 Nationals will likely be held in another part of the Country. This is your big chance to compete and not have to travel! For additional information, search the internet to find: "2009 National Senior Games."

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