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## OCTOBER 2010

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Meeting     Work Party  
 Indoor     Outdoor  
 Bad Boys     Stump

## REMEMBERING BRIAN TRACY

Brian Tracy, a long time SCA member, passed away September 28, 2010. We will miss him. Our condolences go out to his family.



## OUTDOOR AND STUMP SHOOTS

Henry Bertram

I know I said I was going to the 900 round in Salinas during the outdoor shoot, but that doesn't mean you should stay away! I ended up skipping the 900 round and going to the outdoor shoot, but I was all alone. I was all alone for the stump shoot also. Andy and Sam were home working on a target for the Bad Boys shoot. Where was everyone else?

## SEPTEMBER MEETING MINUTES

Andy Sterbenz, 9/7/10

Chaired by Henry Bertram

19:30 – Meeting called to order. Henry asks for someone to take minutes for Steve. Henry searches in vain for the meeting agenda, and then decides to wing it.

### 19:35 – President's Report

1. Work party this Saturday, Sept. 11, at 10 a.m. Primary activities are grass cutting, weed-whacking, and bale replacements in preparation for the Bad Boys shoot.

2. Work party on Saturday, Oct. 2, at 1 p.m. to set up the range for the Bad Boys shoot. This will involve costuming the animals, setting targets, setting shooting stakes, and labeling yardages.

3. Work party TBD: sometime this fall, we will replace bales on the indoor range. Henry will contact Dave Ray for assistance.

4. Henry passed his Community Coach (Level 3) class.

5. Henry shared that Pasadena Roving Archers, has a recurring Saturday morning beginner's class that is always full (40-seats available and still a waiting list).

### 19:43 – Treasurer's Report

The club is solvent

### 19:45 – First VP (Mike Tracey)

No archery items to report, but discussed new tools in his collection including 16-ft pruning saw.

### 19:47 – Web Master, Brand Management, and Marketing Chair (Sergey)

Google is directing people to our web site. The hot topics this month were directions to the range and the classes page.

### 19:48 – Keymaster, Indoor Range Captain (Randy)

No report (Henry nearly fainted from surprise).

### 19:49 – Old Business

1. Bad Boys of Branciforte Shoot is Sunday, October 3. Set-up is Saturday, October 2, starting at 13:00 (1 pm). Volunteers are needed for both days. Mark Thomas showed the jack-o-lantern target made from the insert for target 13, and the ghost silhouettes for another site. Andy and Sam showed the hanging spider target and the werewolf head (body under construction). Discussion ensued about what core material would prevent high-velocity arrows from passing through the kill zone.



2. Henry asked if anyone wanted to organize a raffle for the Bad Boys shoot. Mark Thomas volunteered. Mike offered to help as a runner/collector, but not as a solicitor.

3. Henry mentioned that Mike at Predators attended the USA Archery national shoot, and not all of the BHFS seats were filled. BHFS shooters are hereby encouraged to show up for these things.

### 20:10 – New Members

Three potential members attended.

1. Kim Blake is a teacher who started shooting recently and now owns arrows (and soon a bow).

2. Kate McConnell wants to learn to shoot and came to the meeting because



she couldn't find a class schedule on the website (note to webmaster, check the generic mailbox).

3. Mark Wallen used to shoot at DeAnza College 8 years ago and wants to start again.

Henry moved to accept all three as members, at their option. Passed unanimously. Kim Blake joined; Kate and Mark will gather more information.

### 20:20 – More Old Business

4. Discussion of access road repair. The City has funding to repair two more culverts on that road. The construction window will be Sept 15 – Oct 30.

5. The CBH/SAA state indoor shoot will be held on our range January 15. This is one of several sites in the state. Scorers will be needed. Discussion followed on (1) what is the California Bow Hunters / State Archery Association, and (2) what is a postal tournament and why doesn't it require a fully automatic weapon?



6. The draft use policy for the club ATV was distributed and discussed. Henry will e-mail it out for comments, but the basic rules are (1) be 21 or older with a valid drivers license, (2) use it only for range maintenance, and (3) keep all four wheels on the ground at all times. There was a brief discussion of adding a helmet requirement. There was a longer discussion of the insurance implications, which led to a discussion of other clubs that have multiple vehicles, which then led to Henry

discussing outdoor tournaments in Redding where they have forests of animal targets you don't even shoot at.

### 20:39 – New Business

Henry asks if there is new business.

1. Mike Tracy moved to adjourn (tabled).
2. Randy asked that the Parks and Recreation staff look into the drainage issues on the entrance driveway as well as the road (problem spot opposite the building).
3. Randy also pointed out that the site grading after the rifle range removal took out the old drainage swale at the base of the hill, which contributes to the field holding water. Asked that the culvert repair crew look into re-cutting the swale and cleaning the pipe.
4. Henry proposed several classes:

a. Level 1-2 Instructor Training, which requires 16-20 hours. Henry offered to teach it over a combination of week nights and one Saturday. Randy moved approval, Mike seconded, passed with no objections. Schedule is TBD.

b. Beginners Competition Archery (FITA-like). Henry offered to run this class on a schedule similar to the intro to archery (one Saturday or several week nights). Randy moved approval, Mike seconded, passed with no exceptions.

20:50 – Mike's motion to adjourn taken off the table. Seconded by many. Passed unanimously.

## PASADENA ARCHERY INTRO

Henry Bertram

The first order of business for my Community Coach Certification class was to observe the introduction to archery program at Pasadena Roving Archers (PRA). As its name implies, PRA is an archery club in Pasadena; their range is near the Arroyo Seco Golf Course and near where the Rose

Parade starts each New Years day. The club is a bit larger than ours with more family members than we have members (153) and a lot of individual members (282). Their size is reflected in the number of volunteers that they have every Saturday morning.



Advertized only on their web site and a few "what to do around Los Angeles" web sites, the program is very successful with a capacity crowd of first-time archers every Saturday morning. They routinely run out of capacity and add 15 or more to their waiting list. The first visit and lesson is free; when you return, the club charges \$5 per visit. Each visitor signs a login book with their name and contact information and the number of times they have visited.

Each PRA volunteer instructor took a group of 10 new archers and determined their eye dominance, handing the right eyed archers a red poker chip and the left eyed archers a blue chip, as I recall (perhaps the left chips were lavender). The archers then went through a receiving line where a volunteer put an arm guard and finger tab on them based on the color of the poker chip, eliminating any "how-to" confusion. They were then given a quiver and arrows matched to their arm length. Arrows were being re-fletched and re-nocked on site. The new archers then went to get a bow and traded their eye dominance poker chip for the correct bow.

The instructor then took their group to one of the outdoor range targets, and did the beginning instruction on safety and shooting form. There were four



beginning classes while I was there, totaling 41 new archers.

Returning archers sign the login book, pay the fee, and get their equipment, and then they line up in the practice range at either 20 yards (the preponderance of targets) or 30 yards, where a range master controls the shooting line.



Other outdoor targets were being used for intermediate and advanced FITA practices with experienced coaches. The Advanced FITA group was being coached by Mike Burnham, who is the archery coach at Cal State Long Beach and was this year's US Collegiate Archery Coach of the Year.

At the end of the session in the practice range, the more experienced archers are joined by the newly introduced archers for some shooting culminating in a balloon shoot. The balloons have a dollar in them and if you pop a balloon and win the dollar, the club will stamp their club logo on it on your way out.

This is an impressive program with many qualified volunteers.

## COMMUNITY COACH CERT

Henry Bertram

As crazy as it may sound, I decided to become an archery coach after a couple of years as an instructor. It seemed like the logical "next step." The curriculum and the level nomenclature were being changed, however, and no courses could be found for a long time. At one point, I

attempted to attend the "Weekend at Bernie's" shooter school and instructor training from Bernie Pellerite, but the closest one (still a significant drive) was canceled due to lack of interest. Since the instructor training portion of the class conflicts with statements in Bernie's book, I decided that traveling "back East" to attend was not in my best interest. Eventually, the Community Coach class (roughly equivalent to the old Level III) was announced and was to be held near Pasadena, so I enrolled.

The first portion of the class was a morning tour of the weekly archery introduction at Pasadena Roving Archers. My impressions of that tour are printed elsewhere in this issue.

The afternoon started with introductions. In addition to the two people from California, the class was attended by people from New York, Tennessee, Washington State, Colorado, and Florida. These folks have large archery programs, some through scouts, some through schools, and some are private programs.

The class started with a review of the agenda, and then jumped into coaching challenges and coaching philosophy development. By about 3 p.m. I was wondering what I had gotten myself into—this was definitely drinking from the information fire hose. I had completed the pre-work we were given before showing up, but I needed to update the foundation work the first night with new information. The remainders of the modules were Mental Aspects of Archery, Shot Execution "The BEST Method," Training Cycles, Goal Setting, Preparing for Competition, Equipment Selection and Tuning, and finally Coaching Session Planning. We had homework the second night also and needed to study for the test, no rest for the wicked. The only hands-on archery work that we did was during the Shot Execution session; it was a nice break from the rapid flow of other

information and gave us a chance to stand up and walk around.

Testing came at the end of the third day, and as the class closed and we said our goodbyes, I realized that my work was just beginning; the class comes with many resources to be studied, references to be reviewed, and materials to be researched.

The class was taught by Regional Coach Van Webster. I enjoyed Van's insights and his teaching style. He has also been very helpful in answering questions by email after completion of the class.

Next on my agenda will be conducting an Intermediate Archery Instructor Certification course. If you are interested, please contact me.

## INDOOR SHOTS

Henry Bertram

9/3/2010	Style	Score	X
Kevin Covington	Trad-L/y/M	33	1
Neil Splain	BHFS/A/M	255	9
Jerry Granger	Trad-R/A/M	117	1
Scott Covington	FS/A/M	284	27

9/17/2010	Style	Score	X
Sam Muse	Trad-R/Y/M	156	1
Jud Muse	Trad-R/A/M	136	1
Jerry Granger	Trad-R/A/M	106	0
Henry Bertram	Trad-R/A/M	151	1
Sergey Gorbатов	BHFS/A/M	274	16

Please note: Henry says "radically changing your anchor and your stance at a shoot are not a recipe for success in traditional archery (nor in any other style, for that matter)."

## ANY NEWS?

Jodie Blair

Please write about your archery experiences and send them to us. The deadline is the end of the day, the Saturday before the club meeting. Send entries to [lrollins@braveNewWorld.com](mailto:lrollins@braveNewWorld.com).